

2020 Post-Op Planning (POP) Class Schedule



The 2020 Post-Op Planning Program includes quarterly group classes offered for patients six to twelve months after surgery, with a separate group for patients one year post-op and beyond.

South Florida Baptist Hospital

Myrtle Lou Swindle Medical Arts Center Building B,
Conference Room
1601 W. Timberlane Drive

If interested in attending the POP class at the South Florida Baptist Hospital Weight Loss Surgery Program, please call (813) 707-2152 to register in advance as seating is limited.

Fourth Wednesday of the month, 5:30-6:30pm

January 22	6–12 months
March 25	One year and over
June 24	6–12 months
September 23	One year and over

Seating is limited. To register: (813) 707-2152

